

food for all

starting on friday 6th november there will be low cost fresh fruit and vegetables on sale from 12pm-2pm at aberdeen foyer (marywell centre)

the scheme will run weekly and is designed to allow people to eat healthier for less - so give ASDA and tesco the cold shoulder and come along!

for more information please phone lilian or simon on 01224 212 924 (ext.181)



food on offer

- banana chips
- yoghurt raisins
- papaya chunks
- pineapple chunks
- apples
- bananas
- clementines
- grapes
- kiwi fruit

- lemon
- melon
- orange
- pear
- pineapple
- plum
- cabbage
- carrots
- cucumber

- garlic
- leeks
- onion
- peppers
- potato
- spring onions
- cherry tomato
-

fruit bag

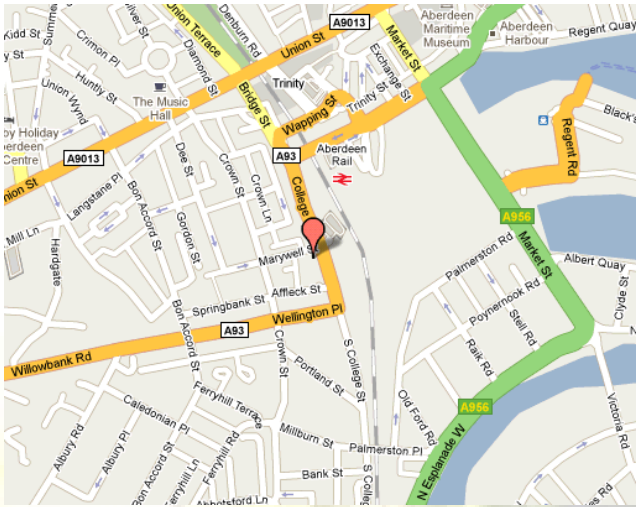
- banana ×2
- red apple ×1
- green apple ×1
- clementine ×1
- orange ×1
- pear ×1

vegetable broth bag

- turnip ×½
- carrots ×2
- onion ×1
- potatoes (500g)
- broth mix (bag)
- stock cube ×1



map and directions



aberdeen foyer
marywell centre
marywell st
aberdeen
ab11 6jf
t: 01224 212 924

aberdeen foyer is a five minute walk from the bus and train stations and union street

about aberdeen foyer

aberdeen foyer is a successful local charitable organisation working to prevent and alleviate youth homelessness and unemployment

they provide supported accommodation, access to a range of education, training, employment opportunities and community health services for young people and their community

the foyer health team are committed to providing support and advice relating to health and wellbeing

